



IUNS 20th International Congress of Nutrition

GRANADA (SPAIN), SEPTEMBER 15-20, 2013



"Joining Cultures Through Nutrition"



Visit Alpujarras

Departure Date and Time: Wednesday 18th at 09.30h

Duration of the tour: Approx 6 hrs.

Price: 45€

Characteristics:

La Alpujarra is one of the richest botanical enclaves in Europe.

Our first stop is Lanjarón, where its medicinal waters flow through a historic spa, founded in 1843. We will then go to Orgiva, capital of the Alpujarra.

After this stop we will continue through the magical towns of Caratuñas, Pampaneira, Pitres, Pórtugos with its fountain of water (rich in iron) and Trevélez, the highest village in Spain and widely known for its exquisite Iberian cured meats.

Finally we will continue onto Bubión to Capileira, dominating the wonderful Poqueria gorge, a quite place to taste the traditional Alpujarra dish.